



# Blackstone Valley Physical Therapy Services, Inc.

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## Medical History and Present Condition

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: M F Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Have you received any X-rays or MRI related to your injury? No \_\_\_ Yes :(when) \_\_\_\_\_

Have you had any surgeries in the past? No \_\_\_ If yes, please specify the procedure and date (approximate date for older procedures): \_\_\_\_\_

Have you had physical therapy in the past year? No \_\_\_ If yes, please note where, when, for what, and approximately how many visits: \_\_\_\_\_

Do you have any allergies we should be aware of? No \_\_\_ If yes, please specify: \_\_\_\_\_

What is the date of your next physician visit? \_\_\_\_\_

What is your current exercise program? \_\_\_\_\_

Please check if you or a family member has experienced any of the following conditions:

Medical History/Condition	Patient	Family	Medical History/Condition	Patient	Family
Anxiety/Depression			Heart Attack/Surgery		
Asthma/Hay Fever			Immune Deficiency/Disease		
Arthritis			Recent Infection		
Back injury or pain			Joint Replacement Surgery		
Cancer/Tumor			Kidney Disease		
Chest Pain			Liver Disease/Hepatitis		
Clotting/Bleeding Disorder/DVT			Lung Disease/COPD/Tuberculosis		
Concussion or Brain Injury			Osteoporosis		
Convulsions/Epilepsy			Neck Injury or pain		
Diabetes			Neurological Disease/Stroke		
Vision Issues/Glaucoma/Cataracts			Pace Maker/Defibrillator		
Fractures			Skin Disorders/Psoriasis		
Fever/Chills/Sweats			Are you a Smoker?		
Fibromyalgia			Thyroid Disease		
Headaches			Unexplained weight changes		
High Blood Pressure/Hypertension			Vertigo/Vestibular Issues		
High Cholesterol/Hypercholesterolemia			Could you be pregnant?		

Are there any other conditions we should be aware of?: \_\_\_\_\_

Please complete both sides.

**WHEN** did your current complaint (pain/symptoms) begin?: \_\_\_\_\_

**HOW** did it start? \_\_\_\_\_

What makes the pain/symptoms increase?  Work  Sports  Standing  Sitting  
 Lying Down  Housework  Yardwork  Lifting  Reaching  Dressing  
 Other(s): \_\_\_\_\_

What makes the pain/symptoms decrease?  Rest  Heat  Standing  Sitting  
 Lying Down  Medications  Sleeping  Ice  Exercise  Stretching  
 Other(s): \_\_\_\_\_

How often do you have the symptoms?  Constantly  Occasionally  Rarely  
 Only when I \_\_\_\_\_

Are the symptoms?  Improving  Worsening  Remaining the same

Because of my current complaint I am having difficulty with: \_\_\_\_\_

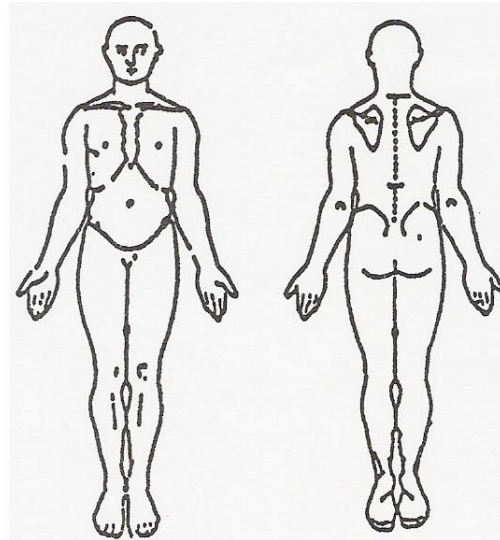
Please shade areas of your symptoms below

What would you rate the pain/symptom level:

At worst, when I \_\_\_\_\_, the pain is a:  
0 1 2 3 4 5 6 7 8 9 10  
No pain Minor Moderate Severe Worst pain ever

Currently, sitting here, the pain level :  
0 1 2 3 4 5 6 7 8 9 10  
No pain Minor Moderate Severe Worst pain ever

At best, when I \_\_\_\_\_, the pain is a:  
0 1 2 3 4 5 6 7 8 9 10  
No pain Minor Moderate Severe Worst pain ever



What are your current goals for physical therapy?  
\_\_\_\_\_

How did you hear about us? Please check all that apply :

- Medical referral  Internet search  Uxbridge Times  Golf Advertisement
- Social Media  Website  Other \_\_\_\_\_
- Sports sponsorship  Insurance referral  Friend/Family referral (whom should we thank): \_\_\_\_\_
- Wellness programming (MRA, classes, etc) \_\_\_\_\_

We can use video for educational, demonstration, and marketing/promotional purposes. We don't require anyone to be recorded, and we will discuss any recording/photographing prior to bringing a camera or other device out. We can use your device as well, if you prefer.

By initialing, I give my written consent to be photographed/videotaped during my treatment for:

\_\_\_\_\_ My own therapeutic use only (any picture or video will be deleted after review)

\_\_\_\_\_ I would prefer my own device be used

\_\_\_\_\_ BVPTS Marketing/Promotional Materials (Website/Social Media/Advertising)